A Report on One Day Seminar on Self-Motivation Held on 17th August, 2023 at 1 pm in Room No. 08

As part of the mentorship programme for students, the Internal Quality Assurance Cell of Sri Ramkrishna Sarada Vidyamahapitha, Kamarpukur has organized a seminar on selfmotivation on 17th August, 2023 at 1 pm in room no 08 of the campus. The programme was inaugurated by Sri Jagabandhu Ghosh, President of the Governing Body of the college. The speaker was Swami Prabuddhananda Ji Maharaj of Ramakrishna Vivekananda Mission. In her welcome address, Dr. Mausumi Ghosh, Principal of the college welcomed the speaker and stressed on the need of organizing such programmes for motivating the students in their journey of life. Sri Jagabandhu Ghosh congratulated the IQAC of the college for organizing such an event. Swami Prabuddhananda Ji Maharaj elaborated on the ways to awaken the consciousness of the Self. He embarked on a journey across history to illustrate his point with references from The Gita and the lives of great personalities such as Swami Vivekananda and Albert Einstein to show how self-motivation, determination and concentration can do wonder. The deliberation was followed by a lively interaction between the speaker and the students. Following the deliberation, all participants and winners of Youth Parliament Competition of the District and Division Levels had been awarded and felicitated by Swami Prabuddhananda Ji Maharaj. The programme ended with a formal vote of thanks delivered by Dr. Arundhati Sur, Coordinator, IQAC. The programme was moderated by Mr. Subham Amin, member of IQAC.







